



LETTERS TO THE EDITOR.

(Notes, Queries, &c.)

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not IN ANY WAY hold ourselves responsible for the opinions expressed by our correspondents.

We shall be happy to answer, as far as we can, all questions submitted to us.

Communications, &c., not noticed in our present number will receive attention when space permits.

ENDURANCE.

To the Editor of "The Nursing Record."

Sir,—Had you not printed the first six lines of the letter in your last issue signed "An Old Woman," the rest would have been sincerely approved by many true friends of Nurses, and by many Nurses themselves, but her reason for wishing to hush up the well-known abuses of our present nursing system, shows a lack of justice both to Nurses and the "ensorious public," which does much to lessen the good effect of her letter. By all means let us have pluck or *esprit de corps*, but not at the expense of true courage and truth. A woman who fulfils her duty as a Nurse will have enough to endure, without those cruel accessories—starvation, hard labour, and the narrowest form of petty tyranny, such as one ill-educated woman can inflict upon another under our present close corporation rule, and which often results in wrecking the health and character of otherwise most suitable women. I

read the clever "Letters from Life, No. 1" with great interest, and from personal experience can corroborate the truth of the sketch. Judge of the following as suitable suppers for women often on duty in the Wards from seven a.m. till 9.20 p.m., with the exception of half an-hour for dinner :

- One tablespoonful of tepid mince ; dry bread.
 - One hard boiled egg ; dry bread.
 - Tepid pea soup ; dry bread.
 - Tapioca pudding—burnt and dry.
 - One little jam tart.
- Feast Day.—Seed cake and cheese.

It was more than my digestion could endure,—Yours, &c.,
CO-OPERATION.

NURSES' HOME OF REST.

To the Editor of "The Nursing Record."

Sir,—We have, with a friend, lately spent a too short holiday at 12, Sussex Square, Brighton, and we had a good cry the day we left ; not very strong minded, certainly, but our regret was sincere. It was impossible to have spent our holiday more happily, owing to the genuine kindness we received, and the perfect freedom we enjoyed. The beautiful surroundings added greatly to our enjoyment, and we never entered the house without admiring it afresh ; everything was such a change and a rest ; we are already anticipating a second visit, and feel sure of a welcome. Thanking you for making the Home known to us.—We remain,

TWO GRATEFUL NURSES.

To the Editor of "The Nursing Record."

Sir,—With reference to a letter which appeared in your issue of to-day under the above heading, I should be glad if you would have the kindness, through your widely read

THE INTERNATIONAL CONGRESS of HYGIENE

THE CAUSES OF DECAY OF THE TEETH.

"In the Dental Section, a Lecture was given by MR. HY. SEWILL, M.R.C.S., L.D.S., who said : "Decay is a process of disintegration commencing invariably at the surface of the tooth, and due entirely to external agents. Acids and Micro-organisms are the active agents. Fermentation being due to the action of micro-organisms, bacteria must be considered a prime factor in the Causation of Caries."

DR. ANDREW WILSON, F.R.S.E., in "Health," August 7th, 1891, says :—

"Decay was found to commence most readily in flaws or fissures, and the conclusions drawn from the experiments are, that caries is entirely due to external agents (that is, acids generated from the food particles and germs preying on the weakened teeth.)"

In this connection, it might be well to quote from a Pamphlet issued by the SALVINE CO., about two years ago, entitled, "HOW TO PRESERVE THE TEETH."—Entered at Stationers' Hall.

CAN THE TEETH BE PRESERVED A LIFETIME?—

"It is obvious that if a combination could be employed, which although harmless in other respects, should yet be death to micro-organisms, and be a perfect ant-acid, decay and premature loss of the teeth must be reduced to a remarkable extent."

"The obstacles preventing so desirable a combination were to a great extent due to the difficulty of combining many apparent irreconcilable elements."

"We are, however, now happy to state that as a result of the patient experiments of a well-known Dental Surgeon during a period of several years, this preparation has at last been completed."

The above remarks are corroborated, as follows :—
THE LANCET, November 29th, 1890, Extract from "Analytical Records," reports :—

"SALVINE DENTIFRICE is a delicately scented paste, which exhibits an alkaline reaction to test paper. It is perfectly free from injurious elements. From its composition it is evidently Ant-acid, Astringent, and Anti-Parasitic. SALVINE is contained in collapsible tubes, the use of which offers Obvious Advantages."

SALVINE DENTIFRICE can be obtained of all First Class Chemists, or free by post from THE SALVINE DEPO, 3, Oxford Street, London, W. Price 1/-, 1/6, and 2/6.

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Price Lists on Application.

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BONTHRON'S NEW LIMOGEN BISCUITS.

FOR THE NURSERY.

These are specially adapted, by the addition of a certain percentage of Gluten and Hypo-Phosphate of Lime, to assist in Bone and Teeth formation, and are invaluable where any tendency to Rickets or lack of Staminial Power manifests itself in children.

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